

May 6-12, 2007, special edition

nursing notes



Florence Nightingale

Jessica Olson, RN, Station 4500

Do you know why National Nurses Week is celebrated during May? One of the most influential nurses was born May 12, 1820. Her name was Florence Nightingale, and many consider her to be the founder of modern nursing. She also played an integral role in the development of nursing education. Nightingale is quite possibly one of the best known nurses in history. Her nursing ideas and theories have been included in the curriculum of nursing schools for years, and much of her work still proves to be relevant in today's health care society.

Nightingale was born into a wealthy family in Florence, Italy. Almost three decades later, despite strong discouragement from her family, she began nursing training. The world of nursing was never the same. She led a unit of women to nurse troops in the Crimean War in the mid-1850s and was a powerful voice for positive change. During this endeavor she began developing many of her theories about health and the environment.

These theories and ideas, along with many more, can be found in her 1859 publication, "Notes on Nursing." This classic book is an introduction to nursing. It provided the core curriculum at the Nightingale School of Nursing in London.

Nightingale was an advocate for patients and for sanitary conditions in hospitals throughout her career. She paved the way for professional nursing and helped reform nursing education and practice.

This year's Nurses Week celebration at United will address the challenges and stress of the Excellian® electronic medical record, go-live on May 1.

Nurses will have the opportunity to examine their educational and professional goals and may attend lectures regarding "coping with stress and change associated with life and work" and "keeping priorities focused during the challenges of electronic charting." The nominees and winners of the Excellence in Nursing Awards will be honored. A lecture about managing personal finances is offered this year, as well as a fun and light-hearted session of the popular video game "Dance Dance Revolution." Overall, the week will honor United Hospital's nurses and offer them rewarding and valuable opportunities.

Happy Birthday, Florence. And Happy Nurses Week to all of our outstanding and committed nurses here at United Hospital.

nurses week 2007



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Calendar of events

Day	Activity	Time	Location	
Mon. 5/7	Lunch with Leadership	10:30 a.m. - 1 p.m.	Conference Hall	Award program presented at noon
	Things-are a-Poppin: Dance, Dance Revolution	2 - 4:30 p.m.	Bentson Family Conference Room	Popcorn and punch
Tues. 5/8	Nursing at United: Passport to Excellence	11 a.m. to 1 p.m. 4 - 6 p.m.	St. Luke's Room	Pizza for attendees
Wed. 5/9	Keeping Nursing Practice Visible in Emerging Electronic Systems	11:30 a.m. - noon noon - 12:30 p.m. 12:30 - 1 p.m.	Miller Room	Connie Delaney, Dean of Nursing, University of Minnesota Box lunch provided
	Video of above lecture	6 p.m.	Bentson Family Conference Room	Refreshments served
Thurs. 5/10	Video of above lecture	1:30 a.m.	Bentson Family Conference Room	Refreshments served
	Managing Personal Finances	1:30 -3 p.m. and 3:30 - 5 p.m. (30-minute rolling presentation)	Bentson Family Conference Room	Charles Buck, Certified Financial Planner, Buck Financial Advisors Refreshments served
Fri. 5/11	Midnight at the movies	1:30 a.m. 2 - 4 a.m. Box lunch for night staff	Bentson Family Conference Room	Refreshments served
	Remaining resilient: Coping with the stresses of work and life	8:30 - 9 a.m. 9:30 - 10 a.m.	Room 3610	Verlyn D. Hemmen, DMin, ACPE supervisor, Spiritual Care and Pastoral Education Bagels and juice provided.

Thank you to medical staff

The 2007 Nurses Week committee extends our sincere thanks to United Hospital Medical Staff members and United Hospital Administration for your financial support of the National Nurses Week celebrations. Your thoughtful contributions help provide each recipient of the Excellence in Nursing Award with a \$250 education credit, a personalized plaque and a Premier Choice Gift certificate. The funds allow for a wide variety of activities during the celebration, ranging from personal and professional development to a well-deserved recognition gift for each nurse. Thank you for supporting this opportunity to honor our nurses.

Nurses week committee

Kudos to the 2007 United Hospital Nurses Week Committee! Jessica Olson, RN, 4500, Kimberly Terrell, RN, 3500 demonstrated their passion for nursing by providing exciting and unique ideas to honor United Hospital nurses throughout Nurses Week. Other members of the committee are Mary Silberschmidt, RN, HR (chair), Linda Gfrerer, RN, Education Services, Susan Loushin, RN, Education Services, Tracy Miland, Marketing, and Margaret Menker, RN, ICU Care Center.

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Nursing Notes is also available under United/Employee Communications on the AKN.

Excellence in Nursing nominees

LPNs

Julie Finch	Unit 8940 Rehab
Teresa Humphrey	Unit 2400 Birth Center
Patrick Lansing	Unit 8900
Barbara Lulic	Unit 8920
Bridget Thauwald	Float team

RNs

Connie Akins	Unit 4400
Kristin Anderson	Unit 8920
Erin Bell	Units 4920/4940
Caprice Bingham	Unit 4500
Anita Carteau	Wound Center
Linda Clute	Unit 2600
Del Conrad	Unit 2600
Jennifer Conroy	NeuroEpilepsy
Susan Cruse	Unit 3400
Laurel Denny	Unit 3400
Janet Deutsch	Day Surgery Center
Nancy Eells	Unit 4400
Julie Fossell	Float team
Christine Frank	Critical Care
Mary Gag	Day Surgery Center
Terry Gall	Unit 3500
Kelly Gannon	Neuroscience United
Jennifer Gerlach	Unit 4400
Melissa Gleaves	Unit 3400
Kathy Grabowski	Unit 2600
Joyce Grosser	Unit 2600
Marsha Guernsey	Float Team
Nancy Hanne	Maternal Fetal Medicine
Arlene Heuer	Gastroenterology Lab
Kathleen Holets	Unit 3900/20/40
Debra Hunter	Maternal Fetal Medicine
Shannon M. Johnson	Neuro Epilepsy
Carol Kelly	Unit 4900
Curtis Lamb	Unit 8940 Rehab
Jane Larson	Behavioral Health Services
Erin LaVallie	Unit 3500
Erin LeFebvre	Unit Orthopedics
Natalie Lozano	Unit 8940 Rehab
Linda Maier	Unit 4920/40
Diane McKee	Day Surgery Center
Sharon Minns	Float team
Cherie Nienow	Interventional Radiology
Virginia Oskey	Behavioral Health Services
Rebecca Pagano	Maternal Fetal Medicine
Natalie Pieper	Day Surgery Center
Laurie Post	Unit 4500
Reta Richert	Unit 2300 Birth Center
Jeffrey Roach	Float team
Diane Rosga	Unit 3400
Kathryn Russell	Pain Center
Jean Ryan	Unit 4400
Laurie Sampair	Unit 3400
Molly Schacht	Units 4920/4940
Pat Stoj	Unit 2600
Judy Sweeney	Unit 3500
Marie Trepanier	Unit 2200
Anna Uremovich	Unit 2400 Birth Center
Lori Voigtlander	Unit 2200
Mary Weinhold	Unit 2600
Pam Whitehead	Day Surgery Center
Mary Jo Wolters	Unit 4920/4940
Charity Wyatt	Unit 2600